



Mental Health Technician

Provides direct and indirect patient care under the direction of a registered nurse. Provides for the personal care and comfort of psychiatric patients. Maintains a safe, clean, and therapeutic environment. Participates in performance improvement and continuous quality improvement (CQI) activities.

Essential Duties and Responsibilities

- Assists clinicians in organizing clients for group counseling, individual counseling and case management in a learning role.
- Assists in the admissions process, answer patient questions, assist patient in adjusting to the program routine, takes vital signs and records on the Nursing Assessment Form and notifies RN of changes.
- Acts as the liaison between the patient and the nursing and clinical treatment staff to report any changes in the patient's physical or mental condition.
- Supervises patients during intensive levels of care with an emphasis on patient safety and well-being.
- Performs general nursing care, i.e., transferring patients, assisting with ADLs.
- Monitors patient's compliance with pre- and post-procedure instructions, under the supervision of the RN.
- Demonstrates the ability to identify behaviors that require intervention.
- Provides ongoing feedback about the patient's behavior to the nurse and/or other appropriate health care team members for the plan of care and its re-evaluation.
- Performs safety checks at scheduled times and documents appropriately.
- Responsible for one-on-one observation of high-risk patients.
- Demonstrates the ability to set limits for patients and other de-escalation techniques.
- Utilize verbal and physical de-escalation as warranted to keep patients safe and remains current in certification and training.
- Reports immediately to the nurse any unsafe conditions and/or safety violations.
- Demonstrates the ability to perform crisis intervention, which may include seclusion and/or restraint.
- Assists with therapeutic groups under the direction of the RN.
- Communicates appropriately and clearly to the Nurse Executive, RNs, physicians and other team members.
- Documentation meets current standards and policies.
- Treats patients and families with respect and dignity, provides emotional support.
- Performs patient care, according to policy and procedure, and competency, in an environment that optimizes patient safety and reduces the likelihood of medical/health care errors.
- Demonstrates all applicable competencies for the position and participates in periodic re-evaluation of such competencies.
- Supports and maintains a culture of safety and quality.
- Answers the telephone and communicates in a professional manner at all times; directs calls appropriately; takes messages.
- Demonstrates the ability to be organized and flexible; acts appropriately in stressful/emergency situations.

Education/Licensure/Skills/Experience Requirements

- Bachelor's Degree in relevant field, or certification as an STNA.
- Current BCLS certification.
- A minimum of one year of experience with at-risk youth, developmental disabilities, autism or psychiatric/mental health conditions is highly desirable.

Benefits

401(k)

Health, Dental & Vision Insurance

Disability Insurance

Employee Discount

Flexible Spending Account

Free Parking

Life Insurance

Paid Time Off

Prescription Drug Insurance

\$2,000 Employee Referral Program

APPLY NOW BY SENDING YOUR RESUME!